

Breakfast

**All breakfast dishes (entrees) will be served with a side of fried plantains & cucumber avocado salad. (Also available all day)*

1. Fried Bake/ "Johnny Cake" & Salt Fish	\$8.99
Fried Bread (biscuit) served with salted, boneless, codfish seasoned with bell peppers, onions, tomatoes, & cilantro.	
2. Fried Bake/ "Johnny Cake" & Smoked Herring	\$8.99
Fried Bread (biscuit) served with smoked herring seasoned with bell peppers, onions, tomatoes, & cilantro.	
3. Ackee & Salt fish	\$9.99
(Ackee)- a red outside & yellow inside fruitlike Caribbean vegetable, served with our delicious seasoned salted, boneless, codfish.	
4. Strong Man Breakfast	\$9.99
Our delicious seasoned salted, boneless, codfish, served with provision (green banana) & fried bake.	
5. Salt fish Peta Pockets	\$8.99
2 Peta pockets filled with our delicious seasoned salted, boneless, codfish & a side of plantains.	
6. Fried Shark & Coconut Bake	\$9.99
Freshly caught & well-seasoned shark steaks fried in our special Caribbean seasoned batter, served with fried bake or coconut bake	
7. Fried Fish & Bake/ "Johnny Cake"	\$9.99
Red snapper fried in our special Caribbean seasoned batter served with fried bake	

Appetizers

**All appetizer dishes will be served with a side of the appropriate sauce. All extra sauce will be \$00.50 extra*

8. Doubles	\$2.00 each
Served with Tamarind sauce	
9. Pholourie	\$2.00 each
5 pcs. per serving with Tamarind sauce	
10. Fried Bake/" Johnny Cake"	\$2.00 each
11. Jamaican Patties	\$2.75 each
Beef, Chicken, Jerk Chicken, Curry Chicken, Shrimp, Soya, Veggie	
12. Sampler: 1 order of any 3 appetizers with appropriate sauces	
" Prices will vary per appetizer"	

Sandwiches, Roti, & Burgers

**All sandwiches, wraps, & burgers will be served with your choice of jerk seasoned fries or fried plantains*

13. Jerk Wrap	\$7.99
Your choice of our succulent jerk pull chicken or beef, with shredded coleslaw wrapped in a flour tortilla	
14. Jerk Burger	\$7.99
Your choice of chicken breast or grade-A beef patty seasoned with our chef's homemade jerk seasoning and topped with our sautéed jerk stir-fry	
15. Curry Fish Fillet Sandwich	\$8.99
Tilapia fillets seasoned with our delicious curry batter	
16. Portabella Mushroom Sandwich (veg)	\$7.99
Portabella mushrooms sautéed with an array of veggies topped with fresh tomatoes, sprouts & avocado, served on toasted rye bread	
17. Veggie Chicken Burger (veg)	\$7.99
Meatless patty topped with lettuce, tomato, onions, sprouts, & avocado	
<i>*All Roti's can be served Wet: wrapped & folded or Dry: on plate with sides apart from Roti skin</i>	
18. Veggie	\$5.99
19. Chicken	\$6.99
20. Beef	\$6.99
21. Goat	\$7.99
22. Shrimp	\$7.99

Soup of the Day

**All soups will be served with crackers*

23. Green Split Peas/ Monday (veg)	Small \$3.00 Large \$5.00
Made with green split peas, seasonal veggies, cabbage, okra, & an array of our Caribbean herbs & spices, brought to a medium thick broth	
24. Lentil Pea Soup/ Tuesday (veg)	Small \$3.00 Large \$5.00
Made with lentil peas, seasonal veggies, dumplings, provisions, & seasoned with an array of our Caribbean herbs & spices & brought to a simmering medium thick broth	
25. Bobo Sip Soup/ Wednesday (veg)	Small \$3.00 Large \$5.00
A watery flavorful broth made with provisions, seasonal veggies & an array of our Caribbean herbs & spices	
26. Corn Soup/ Thursday (veg)	Small \$3.00 Large \$5.00
Made with pieces of corn on the cob & seasonal veggies flavored with an array of our Caribbean herbs & spices all brought together in a rich simmering thick broth	
27. Fish Broth/ Friday	Small \$3.50 Large \$6.00
Made with fish, seasonal veggies & provisions, flavored with an array of our Caribbean seasonings all brought together in a watery broth	
28. Oxtail Soup/ Saturday	Small \$3.50 Large \$6.00
Made with split peas, oxtails, seasonal veggies, dumpling cutlets, provisions (potatoes)	
29. Bull foot Soup/ Sunday	Small \$3.50 Large \$6.00
Made with Cows foot, split peas, seasonal veggies, dumpling cutlets, & an array of Caribbean herbs & spices, all brought to a thick, rich & bountiful broth	

Salads & Slaws

30. Cucumber Avocado Salad	\$4.99
31. Purple Cabbage Salad	\$3.99
32. Green Garden Salad	\$3.99
33. Jerk Chicken Salad	\$7.99
34. Curry Fried Fish Salad	\$8.99
35. Coleslaw	\$2.50

Salsas & Sauces

36. Mango Salsa	\$1.50
37. Rasta Salsa	\$2.00
38. Caribbean Pico de Gallo	\$1.50
39. Tamarind Chutney	\$1.00
40. Mango Chutney	\$1.00
41. Kuchela	\$1.50

Sides, Rice, & Breads

42. Fried Plantains 6 pcs. per serving	\$2.00
43. Cabbage Stir Fry	\$3.00
44. Broccoli Stir Fry	\$3.00
45. Callaloo Greens	\$4.00
46. Macaroni Pie	\$3.00
47. Bake Beans	\$1.50
48. Corn Bread per slice	\$2.00
49. Coco Bread per slice	\$3.00
50. Coconut Bake	\$2.00
51. Hard Dough Bread	\$1.00
52. Plain White Rice	Sm \$1.50 / Lg \$2.00
53. Rice & Peas	Sm \$2.00 / Lg \$3.00
54. Caribbean Fried Rice	Sm \$3.00 / Lg \$4.00
55. Dumpling 2 per serving	\$3.00
56. Provision (Varies Daily)	\$4.00

Exotic Caribbean Ice Cream

All homemade exotic Caribbean ice creams are served at **\$2.00 for 1 scoop, \$3.50 for 2 scoops, \$5.00 for 3 scoops*

Coconut, Mango, Peanut Punch, Sourp, Pineapple, Hawaii Fantasy, Pina Colada, Sapodilla, Rum & Raisin, Nutty Coconut, Sugar Apple, Pistachio

Meat Entrees & Main Courses

**All meat entrees and main courses will be served with your choice of rice & peas, plain white rice, or our Caribbean fried rice, along with a side of vegetables, fried plantains, & our garden green salad*

57. Stew Chicken	Sm \$8.99 / Lg \$10.99
Succulent chicken seasoned with an array of our Caribbean herbs & spices, served in a savory brown stew sauces	
58. Stew Beef	Sm \$8.99 / Lg \$10.99
Tender Grade-A Beef, seasoned with an array of our Caribbean herbs & spices, served in a savory brown stew sauces	
59. Stew Goat	Sm \$9.99 / Lg \$11.99
Succulent Grade-A goat seasoned with an array of our Caribbean herbs & spices, served in a savory brown stew sauce	
60. Stew Oxtail	Sm \$9.99 / Lg \$11.99
Juicy pressure cooked oxtails marinated with an array of our Caribbean herbs & spices, served in a savory brown stew sauce	
61. Curry Chicken	Sm \$8.99 / Lg \$10.99
"A Caribbean Favorite" Grade-A chicken seasoned with an array of our Caribbean herbs & spices, served in a rich savory curry sauce	
62. Three Treasures	\$19.99
Your choice of three styles of our deliciously prepared meat entrees	
63. Curry Beef	Sm \$8.99/ Lg \$10.99
Tender Grade-A beef seasoned with an array of our Caribbean herbs & spices served in a succulent savory curry sauce	
64. Curry Goat	Sm \$8.99 / Lg \$11.99
Soft, magnificent textured goat seasoned and marinated with our array of Caribbean herbs and spices, served in a savory dark curry sauce	
65. Jerk Chicken	Sm \$8.99 / Lg \$10.99
Slow grilled chicken seasoned with our chef's homemade Jerk seasoning	
66. Jerk Wings	Sm \$8.99 / Lg \$10.99
Chicken deliciously seasoned with our chef's homemade jerk seasoning	
67. Jerk Beef/Ribs	Sm \$8.99 / Lg \$11.99
Grade-A grilled beef, lavishly seasoned with our chef's homemade jerk seasoning	

Seafood Entrees & Main Courses

**All Seafood entrees and main courses will be served with your choice of rice & peas, plain white rice, our Caribbean fried rice, or dumplings & provisions, along with a side of vegetables, fried plantains, & our garden green salad*

68. Stew Fish	Sm \$8.99 / Lg \$11.99
Sliced redfish seasoned with an array of our Caribbean herbs and spices, served in a rich savory brown stew sauce	
69. Curry Coconut Fish	Sm \$9.99 / Lg \$11.99
Redfish seasoned with an array of our Caribbean herbs and spices, served in a rich thick curry coconut sauce with dumplings	
70. Curry Coconut Shrimp	Sm \$9.99 / Lg \$11.99
Medium to Jumbo shrimps seasoned with an array of our Caribbean herbs and spices served in a rich thick curry coconut sauce	
71. Curry Coconut Crab	Sm \$10.99 / Lg \$13.99
Soft shell crabs seasoned with an array of our Caribbean herbs and spices, served in a rich thick curry coconut sauce	
72. Salt fish Plate	Sm \$8.99 / Lg \$10.99
"A Caribbean Delicacy" Made with salted codfish seasoned with an array of our Caribbean herbs and spices, served with dumplings and provisions	
73. Curry Coconut Conch	Sm \$10.99 / Lg \$14.99
Tender & juicy chunks of conch prepared with our Caribbean herbs and spices, served with dumplings and provisions	
74. Escovitch Fish	Sm \$9.99 / Lg \$11.99
Whole fish that has been seasoned Jamaican styled, browned, and marinated in a spicy vinegar marinade with our Caribbean herbs and spices.	
75. Fungi & Fish	Sm \$8.99 / Lg \$11.99
Redfish, served with slices of fungi. (Fungi- A dish made with cornmeal and okra)	
76. Seafood Deluxe	\$19.99
A Caribbean specialty plate, with your choice of three styles of our deliciously prepared seafood	



2010 North Main

Free Delivery with Minimum order \$15.00 !

Open 7 Days a Week

Sunday - Thursday: 9:00AM-9:00PM

Friday- 9:00AM-11:00pm

Saturday- 9:00AM-1:00AM

Sunday: 9:00AM-9:00PM

Vegetarian Entrees and Main Courses

**All vegetarian entrees and main courses will be served with your choice of rice & peas, plain white rice, or our Caribbean fried rice, along with a side of vegetables, fried plantains, & our garden green salad*

77. **Stew Meatless Chicken** Sm \$8.99 / Lg \$10.99
Tender meatless chicken strips seasoned with a flavorful burst of our Caribbean herbs & spices, served in a savory brown stew sauce
78. **Stew Meatless Beef** Sm \$8.99 / Lg \$10.99
Chunks of meatless beef seasoned with a flavorful array of our Caribbean herbs and spices, served in a mouthwatering brown stew sauce
79. **Jerk Meatless Chicken** Sm \$8.99 / Lg \$10.99
Meatless chicken strips pan sautéed and seasoned with our Chef's jerk seasoning
80. **Jerk Meatless Beef** Sm \$8.99 / Lg \$10.99
Meatless beef pan sautéed and seasoned with our homemade jerk seasoning
81. **Teriyaki Stir Fry Meatless Chicken** Sm \$8.99 / Lg \$10.99
Meatless chicken strips stir fried with an array of seasonal veggies, seasoned with a blend of our Caribbean herbs and spices served in a succulent teriyaki sauce
82. **Teriyaki Stir Fry Meatless Beef** Sm \$8.99 / Lg \$10.99
Meatless beef tips stir fried with an array of seasonal veggies and seasoned with a blend of our Caribbean herbs and spices served in a succulent teriyaki sauce
83. **Curry Stir Fry Meatless Chicken** Sm \$8.99 / Lg \$10.99
Meatless chicken strips stir fried with an abundance of seasonal veggies, seasoned with our blend of Caribbean herbs and spices served in a rich savory curry sauce
84. **Curry Stir Fry Meatless Beef** Sm \$8.99 / Lg \$10.99
Meatless beef stir fried with an abundance of seasonal veggies, seasoned with our blend of Caribbean herbs and spices all served in a rich savory curry sauce
85. **Curry Coconut Meatless Fish** Sm \$9.99 / Lg \$11.99
Fishless fish seasoned with a blend of Caribbean herbs and spices, sautéed with an abundance of seasonal veggies all served in a succulent curry coconut sauce
86. **Meatless Mango Chicken** Sm \$8.99 / Lg \$10.99
Meatless chicken patties sautéed and seasoned with a blend of our Caribbean herbs & spices topped with our flavorful Mango Salsa
87. **Meatless Veggie Wraps** Sm \$8.99 / Lg \$10.99
Your choice of any vegetarian meats or seafood, sautéed with seasonal veggies, seasoned with an array of our Caribbean seasonings, wrapped in a flour tortilla
88. **Veggie Sampler** \$17.99
Your choice of 3 styles of our deliciously prepared vegetarian meats/seafood, served with your choice of rice or dumpling (corn or flour) and provisions

Caribbean Beverages

**Our exotic variety of Caribbean juices and punches are made with the finest of ingredients, blended with flavorful herbs & spices that will send blessings to your pallet. All smalls are (16oz.) and all larges are (20oz.)*

- **Sea moss** Sm \$2.00 / Lg \$3.00
- **Mauby** Sm \$2.00 / Lg \$2.50
- **Soursop** Sm \$2.00 / Lg \$3.00
- **Sorrel** Sm \$2.00 / Lg \$3.00
- **Peanut Punch** Sm \$2.00 / Lg \$3.00
- **Carrot Juice/Punch** Sm \$2.00 / Lg \$3.00
- **Ice Tea** Sm \$1.50 / Lg \$2.00
- **Coconut Water** Sm \$2.00 / Lg \$2.50
- **Lemonade** Sm \$1.50 / Lg \$2.00
- **Ginger Beer** Sm \$2.00 / Lg \$2.50

Caribbean Bottle Soda

- **D&G Sodas:** Kola Champagne, Crème Soda, Ginger Beer, Pineapple, Grape..... **\$1.85**
 - **Vita Malts:** Classic, Light, Ginger, Plus **\$1.85**
 - **Solos:** Kola Champagne, Crème Soda, Banana, Sorrel, Apple J **\$1.85**
 - **Peardrax** **\$1.85**
 - **Ginseng "Up":** **\$1.85**
- Original, Grape, Lemon Lime, Kola Champagne, Apple, Ginger, Orange, Mango, Pineapple
- **Ting Sodas:** Lime, Grapefruit **\$1.85**

American Beverages & Sodas (bottle)

- **Ice Teas** **\$1.50**
- **Arizona Teas** **\$1.50**
- **Southern Styles Teas** **\$1.50**
- **Coke & Sprite Products** **\$1.50**
- **Fanta Soda** **\$1.50**
- **Bottle Water** **\$1.00**

Raw Fruit & Vegetable Juices

***All Juices will be \$3.99 for smalls (16oz.) and \$5.99 for Large (20oz.)**

- **Third Eye Opener:** Green apple, kale, cucumber, lemon
- **Vitality:** Green apple, parsley, celery, carrots, cucumber
- **Immunity:** Kale, orange, lemon, apple, carrot, turmeric
- **Grateful Greens:** Kale, green apple, cucumber, spinach, celery, lemon
- **Cleansing:** Beets, spinach, green apples, ginger, lemon
- **Happiness:** Pineapple, carrots, coconut water
- **Blood Builder:** Beets, kale, carrot, green apple
- **Balance:** Spinach, romaine lettuce, cucumbers, green apple, parsley
- **3-C's:** Orange, grapefruit, lemon
- **Liver Builder:** Apple, dandelion, milk thistle, beets
- **Bedroom Bully:** Watermelon, strawberry, tiger bone

Smoothies & Slushies

*Our delicious Smoothies and Slushies are made with real whole fruits and natural juices. *All Smoothies cost \$3.99 for smalls (16oz.) and \$4.99 for Large (20oz.)*

- Smoothies**
- **Longevity:** Watermelon, strawberry, blueberry
 - **Caribbean Bliss:** Pineapple, banana, guava, coconut milk
 - **Stamina Daddy:** Cashew & almond milk, sea moss, peanut butter, banana cinnamon, tiger bone
 - **Miraculous Mango:** Mango, soursop, almond & coconut milk
 - **Happy Hawaii:** Pineapple, coconut milk, mango, banana
 - **Soca Frenzy:** Soursop, passion fruit, coconut milk
 - **Joyfulness:** Peach, mango, pineapple, banana
 - **Very Berry Blessed:** Strawberry, blueberry, raspberry
 - **Fruitful-nest:** Peach, mango, pineapples, strawberry, banana, coconut milk or water
 - **Mellowy Melody:** Watermelon, cantaloupe, honeydew melon
 - **Thyroid Builder:** Kelp, sea moss, banana

Slushies

***All Slushies will be \$2.00 for smalls (16oz.) and \$3.00 for Large (20oz.)**

- **Gorgeous Guava:** Guava, pineapple
- **Cruising Cruzan:** Mango, carrot
- **Zesty Zinghy:** Pineapple, ginger
- **Irie Isis:** A medley of Caribbean fruits
- **No Problem:** Sorrel, ginger
- **Tropical Breeze:** Mango
- **Reggae Rhythms:** Caribbean fruit punch
- **Calypso Wave:** Guava, Carrot
- **Jam Rock:** June Plum/Pommethere

Caribbean Snacks, Pastries & Dessert

Please try some of our sweet and majestic variety of Caribbean snacks, pastries, and desserts before leaving. Thank You!

- **Currants Roll** **\$2.50**
- **Coconut Roll** **\$2.50**
- **Coconut Tart** **\$2.50**
- **Hawaiian Cake** **\$2.50**
- **Pineapple Upside Down Cake** **\$2.50**
- **Sweet Bread** **\$2.50**
- **Kiwi Strawberry Cheesecake** **\$2.50**
- **Coconut Crème Pie** **\$2.50**
- **Cassava/ Sweet Potato Pone** **\$2.99**
- **Dessert Sampler:** 1 order of any 3 snacks, pastries and sweets..... **\$5.99**